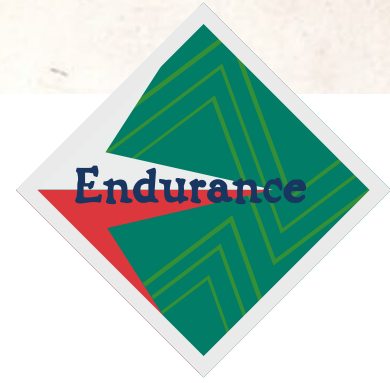


Endurance



SECTION 1 - YOURSELF

Planning.

1. Demonstrate how you can find and evaluate information to help plan an activity.

Promise and Law.

2. Implement the Scout Promise and Law and lead by example to others.
3. Participate in a sunrise/sunset/star gazing reflection.

Scouting Involvement.

4. Demonstrate your understanding of Scouting structures.
5. Take an active role in your Troop.

SECTION 2 - PATROL and TROOP

Patrol Responsibility.

1. Help develop Patrol spirit in a practical way.
2. Know the various talents of your Patrol members.
3. Develop teamwork in your Patrol in a practical way.
4. Take an active role in Patrol meetings.

Patrol and Troop Activities.

5. Help organize, run and review at least three activities.

SECTION 3 - CITIZENSHIP

Environment.

1. Participate in a Patrol or Troop environmental project such as recycling.
2. Find out about conservation in Ireland.

Community.

3. Help run and have an active part in a Patrol or Troop Community project.

SECTION 4 - SKILLS

1. Attempt five new skills stages from different Adventure Skills
2. Go up a stage in at least four different Adventure Skills