

Preparing For Adventure

Remember: Bí Ullamh!

There are a number of things you will need to do when preparing for adventure:

- »Decide what activity it is you want to do (the big idea) and look at what is involved in doing it (the bits and pieces that make up the big idea).
- »Make a list of all the things that you have to do to prepare for the activity (a to-do list).
- »Decide who will do each of these things.
- »Construct a timetable to show in detail when you will do all these things.
- »Draw up a list of equipment required for the activity.
- »As it comes closer to the time for the activity check your 'to do' list to make sure that everything that is supposed to happen does happen.



And remember, the better you prepare for an activity, the better the activity will be.

